

# **Le Sueur County Resource Guide for Disabled Individuals and Senior Adults**

Le Sueur County Public Health  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246  
507-357-4223 - fax

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## How do I know what I need?

There is a wide array of specialized services available to assist older adults, disabled adults and children to live independent and productive lives in their own homes and communities. If you are not aware of the services available and want to know how to locate them, this guide will provide you with information on resources.

A call to the *Senior Linkage Line*, 1-800-333-2433, will provide you with additional and more specific information.

Disabled individuals may call *Disability Linkage Line* at 1-866-333-2466.

## What services can help me stay in my home?

The choice to stay in your home or to see new options in an important and personal decision. The following are services that allow older/disabled persons to remain in their homes for longer and more satisfying periods of time.

### Adaptability and Accessibility

Home and equipment modifications for the disabled.

#### SMILES

Mankato, MN 56001  
507-345-7139

Minnesota Housing Finance Agency  
651-296-8215

### Adult Day Care

#### Prairie Adult Care

16200 berger Drive  
Eden Prairie, MN 55347  
952-949-3126

#### Minnesota Valley Health Care

621 South 4<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-8684

#### Pathstone Daily Living

222 Pfau Street  
Mankato, MN 56001  
507-345-6506

#### Natural Surroundings

Grace Senior Services, Inc.  
118 Raven Court  
Mankato, MN 56001  
507-625-3323

#### Sarah Care

4833 West 23<sup>rd</sup> Street  
Savage, MN 55378  
952-465-0555

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Advocacy

**Committee Against Domestic Abuse**  
Mankato, MN 56001  
507-625-3966

**Minnesota River Area Agency on Aging**  
10 Civic Center Plaza – Suite 3  
Mankato, MN 56002  
507-389-8866

**Southern MN Regional Legal Services**  
12 Civic Center Plaza  
Mankato, MN 56001  
1-888-575-2954  
507-387-5588

**Minnesota Senior Federation**  
413 North 4<sup>th</sup> Street  
Mankato, MN 56001  
507-345-7814

**Case Management:** Qualified professionals provide assistance to individuals and families

**Le Sueur County Public Health**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246

**Elder Care Services, Inc.**  
507-243-3603

**Elder Care Hotline**  
1-800-677-1116

## Chemical Dependency Services

**Le Sueur County Human Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Clothing Distributions

**Treasurer's In Town, Inc**  
206 South Main  
Le Sueur, MN 56058  
612-423-3583

**St. Mary's Thrift Shop**  
Le Center, MN 56057  
507-357-4838

**New Prague Peace Center**  
313 Columbus Ave N  
952-758-4688  
M-W-F 9:00am-1:00pm  
One time a month

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Conservatorship/Guardianship:** A court appointed person whose role is to act in the best interest of an impaired person when he or she is no longer legally able to manage property and financial matters.

**Lutheran Social Services**

507-625-6693

Monday-Friday, 8:00am-5:00pm

Leave a message and your call will be returned.

**Habilitative Services, Inc.**

507-662-5237

**Elder Care Services, Inc.**

507-243-3603

Leave a message and your call will be returned.

**Counseling:** Other counseling see Mental Health Services or contact your physician or your local church.

**MN Department of Revenue**

**Volunteer Income Tax Counseling**

Metro Area - 651-296-3781

Outside Metro - 800-652-9094

Monday-Thursday 8:30am-6:00pm

Friday - 8:30am-1:45pm

**Emergency Assistance**

**American Red Cross**

Le Sueur/Rice County Chapter

507-334-8471

**Minnesota Valley Action Council (MVAC)**

125 East Minnesota Street

Le Center, MN 56057

507-357-4246

Mankato Office - 507-345-6822 or

800-767-7139

**Salvation Army**

105 3<sup>rd</sup> Street NW

Montgomery, MN 56069

507-364-7321

Mankato Office - 507-345-7840 or

1-888-999-1568

Senior Linkage Line 1-800-333-2433

Disability Linkage Line 1-866-333-2466

## Employment for Seniors

**Experience Works**  
1-800-450-5627  
for referral to nearest office

**Minnesota Valley Action Council (MVAC)  
Senior Employment**  
125 East Minnesota Street  
Le Center, MN 56057  
507-357-4246

Mankato Office - 507-345-6822 or  
800-767-7139

**Minnesota Valley Action Council (MVAC)  
Displaced Worker Program**  
125 East Minnesota Street  
Le Center, MN 56057  
507-357-4246

**Minnesota Workforce center**  
12 Civic Center Plaza - Suite 1600A  
Mankato, MN 56001  
507-389-6723

Mankato Office - 507-345-6822 or  
800-767-7139

## Emergency Response System/Lifeline

**Queen of Peace Hospital**  
504 6<sup>th</sup> Ave NW  
New Prague, MN 56071  
952-758-8195

**Minnesota Valley Electric Corp.**  
Po Box 125  
Jordan, MN 55352  
1-800-282-6832

**Immanuel St. Joseph's Hospital  
Home Health Services**  
1400 Madison Ave - Suite 324A  
Mankato, MN 56002  
507-345-2618  
1-800-327-3721, x 2618

**District One Hospital**  
200 State Ave  
Faribault, MN 55021  
507-334-6541

**Waseca Medical Center**  
100 5<sup>th</sup> Ave NW  
Waseca, MN 56093  
507-834-1210

**Good Samaritan Home Health**  
229 West Broadway  
St. Peter, MN 56082  
507-931-0949

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Equipment and Supplies

**Le Sueur County Public Health**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246

Monday-Friday - 8:00am-4:30pm  
walkers, canes and crutches

**Alliance Health Care**  
Madison East Mall  
1400 Madison Ave - Suite 212  
Mankato, MN 56001  
507-386-1666  
1-800-548-0981

**CW Healthcare**  
4301 Quebec Ave N - Suite 3  
New Hope, MN 55428  
763-535-9929  
952-652-5020

**Immanuel St. Joseph's**  
Home Medical Equipment  
1400 Madison Ave - Suite 100A  
Mankato, MN 56001  
507-385-2689

**Priced Right Medical**  
751 Main Ave  
Po Box 1  
Lafayette, MN 56054  
507-228-8100

**Active Style, Inc.**  
2600 Second Street N  
Minneapolis, MN 55411  
612-520-9333

**Alliance Health Services**  
2260 Cliff Rd  
Egan, MN 55122  
651-895-8030

**Family Medical Services**  
1705 Madison Ave  
Mankato, MN 56001  
507-625-1054

**Metro Medical**  
1408 N Riverfront Dr  
Mankato, MN 56001  
507-388-1801

9148 Old Cedar Ave  
Bloomington, MN 55425  
952-854-3603

## Forms Assistance

**Senior Linkage Line**  
1-800-333-2433

**Disability Linkage Line**  
1-866-333-2466

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Food and Nutrition

### Food for All

St. Paul Evangelistic Food Shelf  
1700 N 3<sup>rd</sup> Ave  
Mankato, MN 56001  
507-625-7228  
[www.fareforall.org](http://www.fareforall.org)

9:30am until gone. Free food packages distributed the 2<sup>nd</sup> Saturday of each month.

### Le Center Food Shelf

15 South Park Ave  
Le Center, MN 56057  
507-357-2233 or 507-357-6217

Pickup:  
Monday 1:00pm-3:00pm except holidays  
Wednesday 6:00pm-8:00pm except holiday

Person must show picture ID and/or proof of residents. A client can visit once a month.

### Montgomery Food Shelf

Catholic Charities  
105 NW 3<sup>rd</sup> Street  
Montgomery, MN 56069  
507-364-7321

Pickup:  
Tuesday 4:00pm-6:00pm  
Saturday 9:00am-12:00pm

Referral needed. Use south entrance.

### Waterville-Elysian Food Shelf

507-267-4486

Pickup next to the Elysian Library on the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Wednesday and Friday 9:00am-12:00pm.

### NAPS

Nutrition Assistance Program for Seniors  
1-800-365-0270 - to register

Pickup:  
Mankato - 3<sup>rd</sup> Tuesday of the month  
2:00pm-4:30pm

Le Center - 4<sup>th</sup> Monday of the month  
4:30pm-5:30pm

### Le Sueur Food Shelf

203 2<sup>nd</sup> street  
Le Sueur, MN 56058  
507-665-2618

Pickup:  
Tuesday 2:00pm-3:30pm except holidays  
Thursday 2:00pm-3:30pm except holidays

A client can visit once a month and five times a year.

### New Prague Peace Center

313 Columbus Ave North  
New Prague, MN 56071  
952-758-4688

Pickup is Monday, Wednesday and Friday 9:00am-1:00pm

Need referral from clergy, county or school.

### Cleveland Food Shelf

507-931-6380

Township hall basement. No regular hours, by appointment only. Referral needed.

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Nutrition Information:** Questions about specific diets, basic food groups.

**Queen of Peace Hospital**  
301 2<sup>nd</sup> Street NE  
New Prague, MN 56071  
952-758-4431

**Le Sueur County Extension Office**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8230

**Minnesota Valley Health Center**  
621 South 4<sup>th</sup>  
Le Sueur, MN 56058  
507-665-3375

**Food Stamps:** A federally funded program which can be used to supplement the food budget of low-income families.

**Le Sueur County Human Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Health Insurance Counseling

**Senior Linkage Line**  
1-800-333-2433

**Disability Linkage Line**  
1-866-333-2466

## Homecare Services

**Home Health Care Services** consist of a variety of services that assist people in remaining in their own homes. Nursing care (medication management, therapy, other medical procedures) and home health aide services (bathing, personal cares) are available. Some agencies also provide personal care attendant services.

**Homemaker Services** are general household activities, which may include light housekeeping, laundry, meal planning, and preparation, assistance with money management, performing essential errands and shopping.

**Le Sueur County Public Health**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246

**Aging Services (Homemaker only)**  
212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Homecare Services Continued

**Crystal Care Home Health Service**  
606 N Riverfront Drive  
Mankato, MN 56001  
507-344-8500

**Alliance Health Care/Health Services**  
Madison East Center  
1400 Madison Ave - Suite 212  
Mankato, MN 56001  
507-386-1953  
1-877-386-7515

**Prairie River Home Care Inc.**  
227 E Main Street - Suite 120  
Mankato, MN 56001  
507-345-8591

**Queen of Peace Hospital**  
Home Health Care  
504 6<sup>th</sup> Ave NW  
New Prague, MN 56071  
952-758-8195

**Custom Care, LLC - PCA Only**  
6400 Flying Cloud Drive - #275  
Eden Prairie, MN  
652-914-0269

**Homewatch Homecare**  
209 South 2<sup>nd</sup> Street - Suite 307  
Mankato, MN 56001  
507-388-5589

**Abby's Home Care - PCA only**  
849 Lyndale Street  
North Mankato, MN 56003  
507-382-2719

**Home Instead (Homemaker PCA only)**  
1600 Cliff Road East  
Burnsville, MN 55337  
952-882-9300

**International Quality Home Care Corp.**  
406 Belgrad Ave  
North Mankato, MN 56003  
507-625-2389  
  
125 W Main Street  
New Prague, MN 56071  
952-758-4513

**Spectrum Health**  
211 1<sup>st</sup> Ave NW  
Faribault, MN 55021  
507-332-7471

**Good Samaritan Home Health**  
229 West Broadway  
St. Peter, MN 56082  
507-931-0949

**Homecare Link**  
102 5<sup>th</sup> Ave NW  
Lonsdale, MN 55046  
507-743-3453

**Care for Elderly - PCA only**  
1717 Bassett Drive  
Mankato, MN 56001  
507-304-5304

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Hospice:** Coordination of services to assist terminally-ill individuals and their loved ones so that death may occur at home or in a homelike setting.

**Minnesota Valley Health Center**  
621 South 4<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-3375

**Immanuel St. Joseph's  
Mayo Health System**  
1400 Madison Ave  
Mankato, MN 56001  
507-385-2618

**Waseca Memorial Medical Center**  
501 State Street N  
Waseca, MN 56093  
507-835-8983

**District 1 Hospital**  
200 State Ave  
Faribault, MN 55021  
507-334-6451

**Allina Hospice**  
100 State Ave  
Faribault, MN 55021  
800-635-9173

**Assisted Living:** Apartment living with individualized services. These services may include up to 24 hour oversight, activities, transportation, household tasks, and medication reminders, preparing meals, assistance with dressing, grooming and bathing. \* Le Sueur County

**\*Country Neighbor Homes**  
175 East Derrynane  
Le Center, MN 56057  
507-357-4104

**\*Leisure Cottage**  
228 S Elmwood  
Le Sueur, MN 56058  
507-665-3750 or 507-720-0216 - Amy

**\*Traditions of Waterville Memory Unit**  
117 Paquin Street E  
Waterville, MN 56096  
507-362-4155

**\*Traditions of Montgomery Memory Unit**  
399 Lexington Ave NW  
Montgomery, MN 56069  
507-364-5585

**\*Suite Living of Le Sueur**  
105 Plum Run  
Le Sueur, MN 56058  
507-665-2499

**\*Horizon Place Inc**  
510 Commerce Drive  
Le Center, MN 56057  
507-357-2262

**The Wild's of Sand Prairie**  
700 Knight Street  
St. Peter, MN 56082  
507-931-4375

**Pheasant's Ridge**  
1807 Sunrise Drive  
St. Peter, MN 56082  
507-931-0966

**Kingsway Retirement Living**  
815 West Main Street  
Belle Plaine, MN 56011  
952-873-2142

**Mala Strana Assisted Living**  
999 Columbus Ave N  
New Prague, MN 56071  
952-758-2511

**Board and Lodging with Special Services:** Offers residential care services, which may include up to 24 hour oversight, transportation, activities and laundry. Minimal assistance with dressing, bathing, grooming. Medication reminders. Three meals/day.

**Sunrise Farms**

1317 NE 9<sup>th</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Adult Foster Care - \*Private Homes and Corporate:** Housing with 24 hour oversight and personalized care provided in a licensed private home or in a corporate setting.

SPMI = Serious Persistent Mental Illness

TBI = Traumatic Brain Injury

**\*Golden Years**

506 4<sup>th</sup> Street SW  
Montgomery, MN 56096  
507-364-8016

**\*Kathy's Country Haven**

301 Maple  
Cleveland, MN 56017  
507-931-5928

**\*Patty Aalid**

28720 440<sup>th</sup> Street  
Cleveland, MN 56017  
507-931-7764

**\*Serenity Acres**

32337 151<sup>st</sup> Ave  
Montgomery, MN 56069  
952-758-5983

**Marah residence (SPMI)**

203 W Lanesburgh  
Le Center, MN 56057  
507-357-6893

**Nu Horizons of Southern MN**

511 HWY 60 West  
Elysian, MN 56028  
507-267-4546

**Sunrise South (SPMI)**

1291 NE 9<sup>th</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Sunhaven (SPMI)**

445 W Derrynane  
Le Center, MN 56057  
612-756-2973

**Sunlight (SPMI)**

208 S 2<sup>nd</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Our Home South (TBI)**

204 1<sup>st</sup> Street N - #105  
Waterville, MN 56096  
507-445-2114

**ELM Homes**

204 SW 2<sup>nd</sup> Street  
Waseca, MN 56093  
507-835-1146

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Nursing Homes:** Facilities that provide 24 hour skilled nursing care.  
\*Le Sueur County

**\*Central Health Care**  
444 N Cordova Ave  
Le Center, MN 56057  
507-357-2275

**\*Garden View Nursing Home**  
621 S 4<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-2262

**\*Waterville Good Samaritan**  
205 N 1<sup>st</sup> Street  
Waterville, MN 56096  
507-362-4245

**Grandview**  
830 Sunrise Drive  
St. Peter, MN 56082  
507-931-9021

**Benedictine Living Community**  
1907 Klein Street (Memory Care)  
St. Peter, MN 56082  
507-934-2203

**Faribault Commons**  
1738 Hulett Ave  
Faribault, MN 56021  
507-334-3918

**Lakeshore Inn**  
108 NE 8<sup>th</sup> Street  
Waseca, MN 56096  
507-835-2800

**Belle Plaine Lutheran Home**  
611 West Main (Memory Care)  
Belle Plaine, MN 56011  
507-873-2215

**Mala Strana**  
1001 Columbus Ave  
New Prague, MN 56071  
952-758-2511

**Senior Apartments:** Independent living units, which are subsidized or market rate rental. Some apartments may offer meals, housekeeping, transportation and planned activities. \*Le Sueur County

**\*Centennial Plaza**  
76 South Lexington Ave  
Le Center, MN 56057  
507-357-6444

**\*Hillside Court**  
220 Risedorph Street  
Le Sueur, MN 56058  
507-665-3932

**\*Park Side Apartments**  
300 Hossac Street E  
Waterville, MN 56096  
507-362-8991

**\*Sunrise Plaza**  
621 S 5<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-3375

**\*Meadowridge Apartments**  
Montgomery, MN 56069  
507-364-5172

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Senior Apartments Continued

### Liberty Park Apartments

204 Liberty Park  
New Prague, MN 56071  
952-758-4991

### Millpond Apartments

210 1<sup>st</sup> Ave NW  
New Prague, MN 56071  
952-758-4333

### Heritage Meadows

1302 W Traverse Rd  
St. Peter, MN 56082  
507-394-4745

## Human Services

### Le Sueur County Human Services

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Information and Referral

### Senior Linkage Line

1-800-333-2433

### Disability Linkage Line

1-866-333-2466

### Elder Care Hotline

1-800-677-1116

**Home Delivered Meals:** Offers nutritionally balanced meals to homebound older adults. Special diets are available.

**\*Congregate Dining:** Low cost, nutritionally-balanced Meals are available to older adults in a group setting. Special diets are available.

### Oodles Café

St. Peter, MN 56082  
507-931-4445

### Central Health Care

444 N Cordova Ave  
Le Center, MN 56057  
507-357-2275

### \*Centennial Plaza

76 South Lexington  
Le Center, MN 56057  
507-357-4767

### Minnesota Valley Health Center

621 South 4<sup>th</sup>  
Le Sueur, MN 56058  
507-665-3375

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Home Delivered Meals and Congregate Dining Continued

### **\*Hillside Court**

220 Risedorph - A3  
Le Sueur, MN 56058  
507-665-6971

### **\*Montgomery City Hall**

Montgomery, MN 56069  
507-364-5647

### **CAP Agency**

New Prague, MN 56071  
952-758-2652

### **Waterville Senior Center**

220 Paquin Street  
Waterville, MN 56096  
507-210-9672 - Marge Boyd

### **Millpond**

210 1<sup>st</sup> Ave NW  
New Prague, MN 56071  
952-758-4333

## Mental Health Services

### **Le Sueur County Human Services**

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

### **Lutheran Social Services**

Mankato, MN 56001  
507-625-7660

### **Mental Health Crisis Line**

1-800-233-9929

### **Mental Health Service**

107 S 5<sup>th</sup> Street  
Mankato, MN 56001  
507-388-3382

### **Sioux Trails Mental Health**

320 Sunrise Drive - Suite 13  
St. Peter, MN 56082  
507-934-2652

### **Counseling Services of Southern MN**

116 S 3<sup>rd</sup> Street  
St. Peter, MN 56082  
507-931-8040

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Respite Care:** Provides either a volunteer or paid staff person to stay with and care for an older adult in their own home for short periods of time while their primary caregiver takes some personal time.

**In-Home Respite**

Aging Services  
212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

**Home Instead**  
1600 Cliff Road East  
Burnsville, MN 55337  
952-882-9300

**Homewatch Homecare**  
209 South 2<sup>nd</sup> Street - Suite 307  
Mankato, MN 56001  
507-388-5589

**Out-of-Home Respite**

Assisted living facilities, nursing homes and Homes Plus providers may be contacted for availability of out-of-home respite options.

**Senior Citizen Clubs:** Provide a multitude of services, opportunities and recreation.

**Kasota Senior Citizens**  
Kasota, MN 56050  
507-931-1471  
1 time a month to eat out, call for more information.

**Le Center Senior Citizens**  
Le Center, MN 56057  
507-357-4351

**Montgomery Senior Citizens**  
Montgomery, MN 56069  
507-364-5895

**Senior Citizen Group of Cleveland**  
Cleveland, MN 56017  
507-931-3570  
2<sup>nd</sup> and 4<sup>th</sup> Tuesday 1:00-3:00pm at City Hall

**Kilkenny Senior Citizens**  
Kilkenny, MN 56052  
507-362-4493

**Le Sueur Over 60**  
Le Sueur, MN 56058  
507-665-6714

**New Prague Senior Center**  
New Prague, MN 56071  
952-758-2652

**Waterville Area Senior Center**  
Waterville, MN 56096  
507-362-8282

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Services for the Blind:** Services to persons on order that they might achieve greater independence and self sufficiency.

**Services for the Blind**

12 Civic Plaza  
Mankato, MN 56001  
507-389-6070  
1-800-657-3821

**Shelters:**

**Le Sueur County Human Services**

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

**CADA House**

Mankato, MN 56001  
507-625-8688

**Welcome Inn**

Mankato, MN 56001  
507-387-4061

**Catholic Charities**

Montgomery, MN 56069  
507-364-7321  
1-800-595-7310

**Theresa House**

Mankato, MN 56001  
507-388-1664

**Support Groups:** Provides mutual support and education for persons dealing with common concerns. Contact your local churches and physicians for more information.

**Alzheimer's Support Group**

800-272-3900

**Alcohol Related Support Group**

165 W Ottawa  
Le Center, MN 56057  
507-357-4778

**Alcohol Related Support Group**

2442 110 S Morningside Dr  
Le Sueur, MN 56058  
507-665-2442

**Emotions Anonymous**

St. Anne's Parish Center  
511 N 4<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-2644  
Tuesday's at 8:00pm

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

## Support Groups Continued

### **Le Sueur County CARE Project**

Montgomery, MN 56069  
507-364-7321

### **Grief Support**

Queen of Peace Hospital  
New Prague, MN 56071  
952-758-8176  
2<sup>nd</sup> Thursday of the month 7:00-8:30pm

### **Suicide Grief Support**

Queen of Peace Hospital  
New Prague, MN 56071  
952-758-4735  
4<sup>th</sup> Tuesday of the month 7:00-8:30pm

### **Stroke Support Group**

Le Sueur County CARE Project  
165 N Waterville Ave  
Le Center, MN 56057  
507-357-6109

### **Minnesota AIDS Line**

800-248-AIDS

### **Cancer Support**

Queen of Peace Hospital  
New Prague, MN 56071  
952-758-8176  
500-584-6667, ext. 5451

### **Depression Support/Anxiety**

Queen of Peace Hospital  
New Prague, MN 56071  
952-873-3302  
952-758-4131

### **Minnesota Stroke Association**

800-647-4123

### **Brain Injury Association**

800-669-6442

### **Support Group Programs**

ISJ Hospital  
Mankato, MN 56001  
507-385-4772 - Casey

## Telephone Assistance

### **Telephone Assistance Plan**

For lower monthly phone costs  
800-657-3838

### **Equipment Distribution Plan**

For the hearing impaired  
800-657-3663

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Transportation:** Provided in many areas by either private or non-profit agencies.

**Scott County Transportation**  
New Prague, MN 56071  
952-445-7757

**Le Sueur Heartland Express**  
Le Sueur, MN 56058  
507-665-6211

**Le Sueur County Veterans Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8279

**Aging Services for Communities**  
212 1<sup>st</sup> Street S  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

**Affordable Accessible Van Coop**  
1717 Bassett Dr  
Mankato, MN 56001  
507-304-5304

**AMV - Espeland**  
2500 9<sup>th</sup> Ave  
Po Box 3610  
Mankato, MN 56001  
507-625-6741

**Veterans Services:** For veterans, widows and orphans of veterans and active military personnel and their dependents.

**Le Sueur County Veterans Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8279

**Volunteer Opportunities:** Contact your local hospital, churches and schools for more volunteer opportunities

**Retired Senior Volunteer Program  
(RSVP)**  
Summit Center  
518 South 5<sup>th</sup> Street  
Mankato, MN 56001  
507-345-7787

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Weatherization Program:** Provides eligible families with funds for insulation, caulking and other weatherization aides.

**Minnesota Valley Action Council (MVAC)**  
125 E Minnesota Street  
Le Center, MN 56057  
507-357-4246

MVAC in Mankato - 800-767-7139

### **How do I pay for services?**

When purchasing services, a combination of the following funding sources may be used.

**Medicare:** A federal program to pay for specified health care expenses for persons 65 and old and for some younger disabled individuals. Must meet specific criteria of program

Apply for Benefit:  
**Social Security Office**  
Mankato, MN 56001  
507-345-4822  
800-772-1213

**Medical Assistance/Medicaid:** A federally funded program to assist low-income individuals to pay medical, in-home, hospital or nursing home costs. Individuals must meet income and asset limits to qualify.

**Le Sueur County Human Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8288

**Private Insurance:** Health Insurance policies may cover home care services. Long-term care insurance may cover home care or long-term care costs. Check with your providers before services are initiated.

**Private Pay:** Individuals purchase services with own funds. Check with provider if they have a sliding fee scale (ability to pay). Check with more than one provider and compare.

### **Supplemental Security Income (SSI):**

**Social Security Administration**  
Mankato, MN 56001  
507-345-4822  
800-772-1213

**Waivered Services:** Provide in-home or community services for older adults and disabled adults who are at risk of nursing home placement. Interested individuals must be screened by the County Waiver Services Team to determine eligibility and need for services.

**Le Sueur County Public Health**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246

**Long Term Care Consultation Services:** This is an assessment that can be completed in your home to assist you and your family to decide how much service you need and what services are available. Can also be done if you or your family member is in the nursing home to assist in the discharge process. There is NO charge for this service.

**Le Sueur County Public Health**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246

## What helps me protect my rights?

In Minnesota your rights are protected by law. The following describe advocacy and legal means to assist you.

**Advanced Directives:** Documents which permit an adult to convey health care instructions in the event the person subsequently loses the ability to make or communicate decisions.

### **Southern MN Regional Legal Services**

12 Civic Center Plaza  
Mankato, MN 56001  
507-387-5588  
800-247-2299

### **AARP**

Advance Directive Information  
[www.aarp.org/research/legal/advancedirective](http://www.aarp.org/research/legal/advancedirective)  
601 E Street NW  
Washington, DC 20049  
1-888-OUR-AARP

### **U.S. Living Wills Registry**

[www.uslivingwillregistry.com/individuals.shtm](http://www.uslivingwillregistry.com/individuals.shtm)  
523 Westfield Ave  
Po Box 2789  
Westfield, NJ 07091-2789  
1-800-LIV-WILL

**Legal Services:** Are available to resolve legal matters by providing legal information and advice, making referrals and representing the client in legal proceedings.

### **Southern MN Regional Legal Services**

12 Civic Center Plaza  
Mankato, MN 56001  
507-387-5588 or 800-247-2299

**Ombudsman Services:** The office of Ombudsman for Older Minnesotans services acts as an impartial party between the consumer of a service and the provider of the service in order to resolve disputes

### **Office of Ombudsman for Older Minnesotans**

800-657-3591

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466

**Vulnerable Adults:** Minnesota law protects adults who are vulnerable to maltreatment. If you are concerned about an older person, contact your local Human Services Department or law enforcement agency.

**Le Sueur County Human Services**

88 South Park Ave

Le Center, MN 56057

507-357-8288

If it is after hours, listen to the message for instructions for redirecting your call.

Senior Linkage Line 1-800-333-2433  
Disability Linkage Line 1-866-333-2466