



**Public Health**  
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# Le Sueur-Waseca Community Health Board

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## MINUTES

Le Sueur – Waseca Community Health Board

**Tuesday, February 5, 2019**

Held at the Waterville Senior Center

**Members present:** Brian Harguth, Doug Christopherson, Dave Gliszinski, Daniel O’Keefe, Steve Rohlfling, Dan Kuhns, and DeAnne Malterer.

**Others present:** Sarah Berry, Cindy Shaughnessy, Andrew Nicolin, Kim Shermo, Sam Holicky, Darlene Tuma, Megan Kirby, Elisa O’Malley, and Nicholas Madsen

1. **Call to Order** at 1:23pm by Chair Brian Harguth
  - a. Review/Approval of Agenda.
    - i. Request by Sarah Berry to add following items
      1. 2d. CHB funding summary
      2. 5a. Contract for Reflective Practice
    - ii. Motion to approve agenda by Dave Gliszinski; seconded by Dan Kuhns. Motion carried.
  - b. Review/Approval of November 6, 2018 minutes
    - i. Motion to approve the minutes of November 6, 2018 by Steve Rohlfling; seconded by Doug Christopherson. Motion carried.
  - c. Review recent items signed by Board agent.
    - i. Board agent, Sarah Berry
      1. MCH Title V Budget
      2. Contract for EH Manager-used in both counties
      3. Child & Teen Checkup Plan & Budget
2. **Annual Business**
  - a. Election of 2019 Chair, Vice Chair, and Secretary
    - i. Chair nomination: Steve Rohlfling by Dave Gliszinski; second by Daniel O’Keefe. Motion carried
    - ii. Vice Chair nomination: Doug Christopherson by Dan Kuhns; second by Dave Gliszinski. Motion carried.
    - iii. Secretary nomination: Daniel O’Keefe by Brian Harguth; second by Doug Christopherson. Motion carried.
  - b. Appointment of SCHSAC Committee Member: Sarah Berry and Alternate: Cindy Shaughnessy. Motion by DeAnne Malterer; second by Daniel O’Keefe. Motion carried.
  - c. Revised Resolution of Board’s Agent: Sarah Berry and Alternate: Cindy Shaughnessy. Motion by Dan Kuhns; second by Doug Christopherson. Motion carried. Resolution was signed by Chair Steve Rohlfling and Vice Chair Doug Christopherson.
  - d. CHB Funding Summary-Sarah Berry  
Changes in the PHEP grant, there will now be an initial 23% off of the top of the grant so there is a significant change in which we received a lesser award amount this year.

WIC is a program that we always overspend what we have in grants, we did receive notice that 2018 was nearly 100% funded, this is not always guaranteed and does not occur annually. EBFHV funding reflected is different than what was used, the grant started in May 2018 but we did not start using until August, and both counties have still not fully implemented the program.

**3. Community Health Improvement Plan Revisions**– Sarah Berry

The CHIP correlates with the work that Megan is doing with the SHIP program in both counties. CHIP revisions motion for approval by Dave Gliszinski; second by DeAnne Malterer. Motion carried.

**4. Community Health Assessment Results**-Cindy Shaughnessy

When looking at the goal matrix there have been changes in how measures are reported and how the state measures for goal #3. This year the planning cycle had matched with that of the hospitals. The survey looked at areas of concerns for communities and the top health concerns for communities and their hospitals. MCHS-New Prague and Le Sueur County identified the following top concerns 1. Stress, anxiety, and depression; 2. Chronic diseases; 3. Exercise. MCHS- Waseca and Waseca County identified 1. Stress, anxiety, and depression; 2. Exercise; 3. Food access as top concerns for their community.

**5. Evidence Based Family Home Visiting Grant Update** – Sam and Elisa

Healthy Families America is an intense home visiting program for families that are at high risk, and the children are at high risk of experiencing adverse childhood events. Home visiting consists of families being seen weekly to help develop parenting skills and connect to other resources in the community. Because of the high risk population that the home visitors work with, they will find themselves working with families that are really struggling with different aspects of their lives. This struggle weighs on the home visitor as it does the family and can create a high burnout rate in home visitors. Reflective practice is a tool that HFA has found to help maintain home visitors and help them work/talk through concerns about families they are servicing.

a. Approval of contract for Reflective Practice

- i. Motion to approve contract by Doug Christopherson; second by Dave Gliszinski. Motion approved.

**6. Tobacco Use Prevention Information**-Megan Kirby

Based on the most recent student survey data SHIP has purchased Tobacco Prevention Kits for both counties to provide education to staff at schools or parenting groups. It has become easier and easier for teens to buy vaping equipment and e-cigs at gas stations, tobacco stores and online. Megan will be able to go out to schools and provide staff and parents with a presentation on what things to look for as far as vaping and e-cigs. The kit includes two of the most common e-cigs, a Juul starter kit, vape wear, and other common tobacco products that are designed to target younger users. Megan is currently working with TCU on developing a video and campaign against vaping.

**7. Proposed Ordinance Revisions**- Kim Shermo and Andrew Nicolin

Food and Beverage changes went into effect on 1/1/2019. Kim and Andrew reviewed changes in both Food and Beverage and Lodging ordinances to take effect this year: If providing more than one meal a day bed and breakfasts will need a commercial kitchen. Plumbing code is now listed under the state building codes. School concession stands may have additional fee or could be covered under the fee for second inspections. A food manager needs to be replaced within 60 days of departure from establishment. The requirement to have a certified pool operator is now outlined in the Food, Pools, and Lodging Policy & Procedure Manual. There was a change in the youth camp section to include a variance. There was also an update made to the CHB subdivision to reflect current MN

statute regarding the CHB delegation agreement for authority in enforcing rules and regulations.

a. Approval of Ordinances

- i. Motion to approve by Dan Kuhns; second by Dave Gliszinski. Motion approved.

**8. Update: State Community Health Services Advisory Committee** – Sarah Berry

Most recent meeting was in December. The Chair this year is Harlan Madsen. There is a new work group being developed to address vulnerable adults. Another work group is looking at how to strengthen Public Health and looking at the basic functions and responsibilities at the state versus local levels.

**9. Other**

Dan Kuhns asked to move the meeting to 1:30pm start time, which was agreed upon.

Motion by Doug Christopherson and seconded by Brian Harguth to adjourn the meeting. Motion carried and meeting was adjourned at 2:30pm.

Respectfully submitted by Samantha Holicky-James for Daniel O'Keefe, Secretary.

**Next meeting scheduled for Tuesday, April 2, 2019.**