



LE SUEUR COUNTY PUBLIC HEALTH

Public Health
Prevent. Promote. Protect.

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PRESS RELEASE

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COVID-19 cases in Le Sueur County

The Minnesota Department of Health (MDH) notified Le Sueur County Public Health that Le Sueur County has an additional four cases of lab confirmed COVID-19, in addition to the case reported on March 22. MDH reports that the additional cases had contact with a known positive case and are recovering at home.

Minnesota Department of Health staff are conducting the case investigation. Positive cases are isolated at home to prevent disease spread and the contact investigation identifies their close contacts. Close contacts are quarantined for 14 days from their exposure and monitored for fever and respiratory symptoms.

“We know COVID-19 is circulating in communities across Minnesota and the cases confirmed by testing are a fraction of the true number of cases,” says Cindy Shaughnessy, Le Sueur County Public Health Director. “We will continue to see additional cases in the days and weeks to come. It is extremely important that everyone take the community mitigation strategies seriously to slow the spread of COVID-19. Follow the executive orders of the Governor.”

Le Sueur County Public Health officials urge everyone to continue to listen and follow the recommendations of medical experts on how best to protect themselves and slow the spread of this virus. Those recommendations include:

- Stay home if sick
- Wash hands frequently with soap and water and use hand sanitizer
- Cover coughs and sneezes with a tissue or your elbow
- Avoid touching your face, mouth, nose and eyes

In a majority of cases, COVID-19 causes mild or moderate symptoms, such as fever, cough, and shortness of breath. For some, especially older adults and people with existing health problems, it can cause more severe illness, including pneumonia. Call your health care provider if you have difficulty breathing or illness you cannot manage at home. MDH has set up a public hotline that is open 7:00am – 7:00pm. Hotline number: 651-201-3920

Go to the CDC and MDH websites for the most up to date information about COVID-19:

CDC website on Coronavirus Disease 2019 (COVID-19)

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Minnesota Department of Health - Coronavirus Disease 2019 (COVID-19)

<https://www.health.state.mn.us/diseases/coronavirus/index.html>