

# **Le Sueur County Resource Guide for Disabled Individuals and Senior Adults**

Le Sueur County Public Health  
88 South Park Ave  
Le Center, MN 56057  
507-357-8246  
507-357-4223 - fax

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## How do I know what I need?

There is a wide array of specialized services available to assist older adults, disabled adults and children to live independent and productive lives in their own homes and communities. If you are not aware of the services available and want to know how to locate them, this guide will provide you with information on resources.

A call to the **Senior Linkage Line**, 1-800-333-2433, will provide you with additional and more specific information.

Disabled individuals may call **Disability Linkage Line** at 1-866-333-2466.

## What services can help me stay in my home?

The choice to stay in your home or to see new options in an important and personal decision. The following are services that allow older/disabled persons to remain in their homes for longer and more satisfying periods of time.

### Adaptability and Accessibility

Home and equipment modifications for the disabled.

#### SMILES

Mankato, MN 56001  
507-345-7139

Minnesota Housing Finance Agency  
651-296-7608

### Adult Day Care

#### Prairie Adult Care

16200 Berger Drive  
Eden Prairie, MN 55347  
952-949-3126

#### Minnesota Valley Health Care

621 South 4<sup>th</sup> Street  
Le Sueur, MN 56058

#### Pathstone Day Living

222 Pfau Street  
Mankato, MN 56001  
507-345-6506

#### Natural Surroundings

Grace Senior Services, Inc.  
118 Raven Court  
Mankato, MN 56001  
507-625-3323

#### Touching Lives Adult Day

4833 West 23<sup>rd</sup> Street  
Savage, MN 55378  
952-465-0555

## Advocacy

### **Committee Against Domestic Abuse**

Mankato, MN 56001  
507-625-3966 or 507-625-8688

### **Southern MN Regional Legal Services**

12 Civic Center Plaza  
Mankato, MN 56001  
1-888-575-2954  
507-387-5588

### **Minnesota River Area Agency on Aging**

10 Civic Center Plaza – Suite 3  
Mankato, MN 56002  
507-389-8866

### **Arc of Minnesota Southwest**

709 South Front St. Suite 3  
Mankato, MN 56001  
Phone number 507-345-4223  
Toll free 1-866-502-4082  
Website [www.arcminsw.org](http://www.arcminsw.org)

## Case Management:

Qualified professionals provide assistance to individuals and families

### **Le Sueur County Public Health**

88 South Park Ave  
Le Center, MN 56057  
507-357-8246

### **Elder Care Locator**

Washington, DC  
1-800-677-1116

### **Elder Care Services, Inc.**

1110 Park Rd  
Madison Lake, MN  
507-243-3603

## Chemical Dependency Services

### **Le Sueur County Human Services**

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Clothing Distributions

### **Treasure's In Town, Inc.**

206 South Main  
Le Sueur, MN 56058  
507-665-4923

### **St. Mary's Thrift Shop**

Le Center, MN 56057  
507-357-4838

**Conservatorship/Guardianship:** A court appointed person whose role is to act in the best interest of an impaired person when he or she is no longer legally able to manage property and financial matters.

**Lutheran Social Services**

507-625-6693

Monday-Friday, 8:00am-5:00pm

**Habilitative Services, Inc.**

Mankato, MN 56001

507-625-6047

**Skyline Support Services**

507-327-9282

**Alternative Resolutions**

507-214-1700

**Elder Care Services, Inc.**

507-243-3603

(guardianship and case management)

**Counseling**

Other counseling see Mental Health Services or contact your physician or your local church

**MN Department of Revenue**

**Volunteer Income Tax Counseling**

Metro Area - 651-296-3781

Outside Metro - 800-652-9094

**Emergency Assistance**

**American Red Cross**

Le Sueur/Rice County Chapter

507-334-8471

**Minnesota Valley Auction Council**

125 E Minnesota Street

Le Center, MN 56057

507-357-4246

Mankato Office - 507-345-6822

**Salvation Army**

103 3<sup>rd</sup> Street NW

Montgomery, MN 56069

507-364-7321

Mankato Office: 507-345-7840

## Employment

### Experience Works

855-270-9660

For referral to nearest office

### MN Valley Action Council

Senior Employment

125 E Minnesota Street

Le Center, MN 56057

507-357-4246

Mankato Office - 507-345-6822

### Minnesota Workforce Center

12 Civic Center Plaza - Suite 1600A

Mankato, MN 56001

507-389-6511

### Potential Unlimited

Waterville, MN 56096

507-362-8560

### MRCI

507-386-5600

[www.mrciworkforce.org](http://www.mrciworkforce.org)

### Lifeworks

Mankato, MN 56001

507-625-7522

## Emergency Response System/Lifeline

### Heartland Security

213 North 8<sup>th</sup> Ave W

Melrose, MN 56352

888-264-6380

### WH Security

Po Box 330

Rockford, MN 55373

763-477-3046

### Mayo Clinic Health System - Mankato

#### Home Health Equipment

1400 Madison Ave

Mankato, MN 56001

507-385-2689

### District One Hospital

200 State Ave

Faribault, MN 55021

507-334-6451

### Good Samaritan Home Health

221 Park Row

St. Peter, MN 56082

507-931-0949

## Forms Assistance

### Senior Linkage Line

1-800-333-2433

### Disability Linkage Line

1-866-333-2466

## Equipment and Supplies

**Active Style, Inc**  
2600 Second Street N  
Minneapolis, MN 55411  
612-520-9333

**Alliance Health Services**  
2250 Cliff Rd  
Egan, MN 55122  
651-895-8030

**Med City Mobility**  
627 4<sup>th</sup> Street NW  
Faribault, MN 55021  
507-334-6202

**The Ecumen Store**  
718 Mound Ave  
Mankato, MN 56001  
507-385-8582

**Corner Home Medical**  
751 Main Ave - Po Box 1  
Lafayette, MN 56054  
507-228-8100  
800-955-3361

**Handi Medical**  
1400 Madison Ave - Suite 618  
Mankato, MN 56001  
507-779-7560

**Alliance Health Care**  
Madison East Mall  
1400 Madison Ave - Suite 212  
Mankato, MN 56001  
507-386-1953 or 800-548-0981

**CW Healthcare**  
4301 Quebec Ave N - Suite 3  
New Hope, MN 55428  
763-535-9929 or 952-652-5020

**Mayo Clinic Health System - Mankato  
Home Medical Equipment**  
1400 Madison Ave  
Mankato, MN 56001  
507-385-2689

**Metro Medical**  
9148 Old Cedar Ave  
Bloomington, MN 55425  
952-854-3603

**Key Medical Supply, Inc**  
5910 Rice Creek Parkway - Suite 100  
Shoreview, MN 55126  
651-792-3860

## Food and Nutrition

**Bethel Baptist Church**  
1220 Monks Ave  
Mankato, MN 56001  
800-582-4291

**Le Center Food Shelf**  
15 South Park Ave  
Le Center, MN 56057  
507-357-4076  
Monday 1:00pm-3:00pm  
Wednesday 6:00pm-8:00pm

**Nutrition Assistance Program for Seniors  
(NAPS)**  
800-365-0270 to register

**Le Sueur Food Shelf**  
203 2<sup>nd</sup> Street  
Le Sueur, MN 56058  
507-665-2618

## Food and Nutrition Continued

### Montgomery Food Shelf

105 NW 3<sup>rd</sup> Street  
Montgomery, MN 56069  
507-364-7321  
Tuesday 4:00pm-6:00pm  
Saturday 9:00am-12:00pm  
Need to reside in Le Sueur County  
(proof of address is needed)

### New Prague Peace Center

313 Columbus Ave N  
New Prague, MN 56071  
952-758-4688  
Monday, Wednesday, Friday 9:00am-12:30pm

### Waterville-Elysian Food Shelf

507-267-4486

### Cleveland Food Shelf

507-931-6380

### MOM's Meals

3210 SE 72<sup>nd</sup> Street  
Ankeny, IA 50021  
866-2104-6111

### Homestyle Meals

Phone: 866-735-0921  
Fax: 208-423-4615, Attn: Chelsea  
[www.homestyledirect.com](http://www.homestyledirect.com)  
[chelsea@homestyledirect.com](mailto:chelsea@homestyledirect.com)

## Nutrition Information

Questions about specific diets, basic food groups

### Mayo Clinic Health System - New Prague

301 2<sup>nd</sup> Street NE  
New Prague, MN 56071  
952-758-4431

### Le Sueur County Extension Office

88 South Park Ave  
Le Center, MN 56057  
507-357-8230

### Minnesota Valley Health Center

621 South 4<sup>th</sup>  
Le Sueur, MN 56058  
507-665-3375

## Food Stamps

A federally funded program which can be used to supplement the food budget of low-income families.

### Le Sueur County Human Services

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Health Insurance Counseling

### Senior Linkage Lin

1-800-333-2433

### Disability Linkage Line

1-866-333-2466



## **Homecare Services**

**Home Health Care Services** consist of a variety of services that assist people in remaining in their own homes. Nursing care (medication management, therapy, other medical procedures) and home health aide services (bathing, personal cares) are available. Some agencies also provide personal care attendant services.

**Homemaker Services** are general household activities, which may include light housekeeping, laundry, meal planning, and preparation, assistance with money management, performing essential errands and shopping.

### **Le Sueur County Public Health**

88 South Park Ave  
Le Center, MN 56057  
507-357-8246

### **Aging Services (Homemaker only)**

212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

### **Accurate Care Home Health Services**

Burnsville, MN  
866-214-3800

### **Villages of Lonsdale**

102 5<sup>th</sup> Ave NW  
Lonsdale, MN 55046  
507-744-3453

### **Alliance Health Care/Health Services**

Madison East Center  
1400 Madison Ave - Suite 212  
Mankato, MN 56001  
507-386-1953 or 1-877-386-7515

### **Prairie River Home Care, Inc.**

1961 Premier Dr - Suite 40  
Mankato, MN 56001  
507-345-8591

### **Good Samaritan Home Health**

600 South Fifth St. Suite 211  
St. Peter, MN 56082  
507-931-0949

### **Heart to Hands Home Care, LLC**

New Prague, MN 56071  
952-212-4709

### **International Quality Home Care Corp.**

406 Belgrad Ave  
North Mankato, MN 56003  
507-625-2389

125 W Main Street

New Prague, MN 56071  
952-758-4513

***\*\*See page 22 for a List of PCA  
Providers***

## Hospice

Coordination of services to assist terminally-ill individuals and their loved ones so that death may occur at home or in a homelike setting.

### Hospice Advantage

Lakeville, MN 55044  
952-898-1022

### District One Hospital

Faribault, MN 55021  
507-334-6451

### Mayo Clinic Health System - Mankato

1400 Madison Ave  
Mankato, MN 56001  
507-385-2618

### Hospice of the Valley

Po Box 3706  
Mankato, MN 56001  
507-484-2424

### St Croix Hospice

1401 N Riverfront Drive  
Mankato, MN 56001  
507-779-7227

## Assisted Living (\* Le Sueur County)

Apartment living with individualized services. These services may include up to 24 hour oversight, activities, transportation, household tasks, and medication reminders, preparing meals, assistance with dressing, grooming and bathing.

### \*Ecumen of Le Center

175 East Derrynane  
Le Center, MN 56057  
507-357-4104

### Ecumen Prairie Hill

1305 Marshall Street  
St. Peter, MN 56082  
507-934-2200

### \*Traditions of Waterville (includes Memory Care Unit)

117 Paquin Street E  
Waterville, MN 56096  
507-362-4155

### \*Traditions of Montgomery (includes Memory Care Unit)

399 NW Lexington Ave  
Montgomery, MN 56069  
507-364-5585

### \*Le Sueur Assisted Living

105 Plum Run  
Le Sueur, MN 56058  
507-665-2499

### \*Horizon Place, Inc.

510 Commerce Drive  
Le Center, MN 56057  
507-357-2262

### Ecumen Sand Prairie

700 Knight Street  
St. Peter, MN 56082  
507-931-4375

### Pheasant's Ridge

1807 Sunrise Drive  
St. Peter, MN 56082  
507-931-0966

### \*Oak Terrace

811 S 4th St  
Le Sueur, MN 56058

**Assisted Living continued (\* Le Sueur County)**

Apartment living with individualized services. These services may include up to 24 hour oversight, activities, transportation, household tasks, and medication reminders, preparing meals, assistance with dressing, grooming and bathing.

**Kingsway Retirement Living**

815 W Main Street  
Belle Plaine, MN 56011  
952-873-2142

**Mala Strana Assisted Living**

999 Columbus Ave N  
New Prague, MN 56071  
952-758-2511

**Board and Lodging with Special Services**

Offers residential care services, which may include up to 24 hour oversight, transportation, activities and laundry. Minimal assistance with dressing, bathing, grooming. Medication reminders. Three meals/day.

**Sunrise Farms**

1317 NE 9<sup>th</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Adult Foster Care (\*Private Homes and Corporate)**

Housing with 24 hour oversight and personalized care provided in a licensed private home or in a corporate setting.

SPMI - Serious Persistent Mental Illness

TBI - Traumatic Brain Injury

**\*Golden Years**

506 4<sup>th</sup> Street SW  
Montgomery, MN 56096  
507-364-8016

**\*Kathy's Country Haven**

301 Maple  
Cleveland, MN 56017  
507-931-5928

**Marah Residence (SPMI)**

203 W Lanesburgh  
Le Center, MN 56057  
507-357-6893

**Nu Horizons of Southern Minnesota**

511 HWY 60 West  
Elysian, MN 56028  
507-267-4546

**Sunrise South (SPMI)**

1291 NE 9<sup>th</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Sunhaven (SPMI)**

445 W Derrynane  
Le Center, MN 56057  
612-756-2973

**Sunlight (SPMI)**

208 S 2<sup>nd</sup> Street  
Montgomery, MN 56069  
612-756-2973

**Our Home South (TBI)**

204 1<sup>st</sup> Street N - #105  
Waterville, MN 56096  
507-445-2114

**Elm Homes**

204 SW 2<sup>nd</sup> Street  
Waseca, MN 56093  
507-835-1146

## **Nursing Homes** (\*Le Sueur County)

Facilities that provide 24 hour skilled nursing care.

### **\*Central Health Care**

444 N Cordova Ave  
Le Center, MN 56057  
507-357-2275

### **\*Minnesota Valley Nursing Home**

621 S 4<sup>th</sup> Street  
Le Sueur, MN 56057  
507-665-2262

### **Mala Strana**

1001 Columbus Ave  
New Prague, MN 56071  
952-758-2511

### **Benedictine Living Community**

(Memory Care)  
1907 Klein Street  
St. Peter, MN 56082  
507-934-2203

### **Faribault Care Center**

1738 Hulett Ave  
Faribault, MN 56021  
507-334-3918

### **Lakeshore Inn**

108 NE 8<sup>th</sup> Street  
Waseca, MN 56096  
507-835-2800

### **Belle Plaine Lutheran Home**

(Memory Care)  
611 W Main  
Belle Plaine, MN 56011  
507-873-2215

## **Senior Apartments** (\*Le Sueur County)

Independent living units which are subsidized or market rate rental. Some apartments may offer meals, housekeeping, and transportation and planned activities.

### **\*Centennial Plaza**

76 S Lexington Ave  
Le Center, MN 56057  
507-357-6444

### **\*Hillside Court**

220 Risedorph Street  
Le Sueur, MN 56058  
507-665-3932

### **\*Park Side Apartments**

300 E Hoosac Street  
Waterville, MN 56096  
507-362-8991

### **\*Sunrise Plaza**

621 S 5<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-3375

### **\*Meadow Ridge Apartments**

Montgomery, MN 56069  
507-364-5172

### **Park Manor**

300 Oak Ave SE  
Montgomery, MN 56069  
507-364-5650

## Senior Apartments Continued

### Liberty Park Apartments

204 Liberty Park  
New Prague, MN 56071  
952-758-7991

### Millpond Apartments

210 1<sup>st</sup> Ave NW  
New Prague, MN 56071  
952-758-4333

### Heritage Meadows

1302 W Traverse Rd  
St. Peter, MN 56082  
507-931-8545

## Human Services

### Le Sueur County Human Services

88 South Park Ave  
Le Center, MN 56057  
507-357-8288

## Information and Referral

### Senior Linkage Line

1-800-333-2433

### Disability Linkage Line

1-866-333-2466

### Elder Care Hotline

1-800-677-1116

**Home Delivered Meals** ~ Offers nutritionally balanced meals to homebound older adults. Special diets are available.

**Congregate Senior Dining** ~ Low cost, nutritionally-balanced meals are available to older adults in a group setting. Special diets are available.

*\*Lutheran Social Services Participants*

### \*Centennial Plaza

Le Center, MN 56057  
507-357-4767  
*Senior Dining only*

### \*Hillside Court

Le Sueur, MN 56058  
507-665-3932  
*Senior Dining only*

### CAP Agency- Senior Nutrition

New Prague, MN 56071  
952-758-2652

### Minnesota Valley Health Center

Le Sueur, MN 56058  
507-665-3375

### Central Health Care

Le Center, MN 56057  
507-357-2275

### \*Park Manor

Montgomery, MN 56069  
507-364-7996  
*Senior Dining and Home Delivered Meals*

### \*Kasota

507-625-8970  
*Home Delivered Meals only served through  
Mankato Gus Johnson Plaza*

### \*Waterville DC- The Café

Waterville, MN 56096  
507-362-8977  
*Senior Dining and Home Delivered Meals*

## **Mental Health Services**

**Le Sueur County Human Services**  
88 South Park Ave  
Le Center, MN 56507  
507-357-8288

**Lutheran Social Services**  
710 South 2<sup>nd</sup> Street  
Mankato, MN 56001  
507-373-0567

**Mental Health Warm/Crisis Line**  
1-877-399-3040

**Secure Base Counseling Center**  
324 E Main Street – Suite 6  
New Prague, MN 56071  
507-581-1160

**Sioux Trails Mental Health**  
1301 Marshall Street  
St. Peter, MN 56082  
507-934-2652

**Counseling Services of Southern MN**  
1306 Marshall Street  
St. Peter, MN 56082  
507-931-8040

## **Respite Care**

Provides either a volunteer or paid staff person to stay with and care for an older adult in their own home for short periods of time while their primary caregiver takes some personal time.

### **In-Home Respite**

**Aging Services**  
212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

### **Out-of-Home Respite**

Assisted living facilities, nursing homes and Home Plus providers may be contacted for availability of out-of-home respite options.

### **Home Instead**

1601 HWY 13  
Burnsville, MN 55337  
952-882-9300

### **Aging Services (Caregiver Support and Respite Care)**

212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

## Senior Citizen Clubs

Provide a multitude of services, opportunities and recreation.

### *Contact Local Chamber of Commerce or City Hall for information*

Elysian Chamber - 507-267-4040

Elysian City Office - 507-275-4708

Montgomery City Hall

Thursday at 12pm gatherings

507-364-8888

Le Center Chamber - 507-357-6737

Le Center City Hall - 507-357-4450

Kasota - 507-931-3290

Le Sueur Chamber - 507-665-2501

Waterville Chamber - 507-362-4609

Waterville City Hall - 507-362-8300

## Services for the Blind/Deaf

Services to persons on order that they might achieve greater independence and self sufficiency.

### Services for the Blind/Deaf

12 Civic Plaza

Mankato, MN 56001

507-389-6070 or 1-800-657-3821

### Relay Services Hearing Impaired

TTY: 711 or 800-627-3529

Speech to Speech Relay 800-627-3848

### SMILES Center for Independent Living

507-345-7139, ext 111

## Shelters

### Le Sueur County Human Services

88 South Park Ave

Le Center, MN 56057

507-357-8288

### CADA House (assault and abuse victims)

Mankato - 507-625-8688

Waseca - 507-835-7828

### Welcome Inn

Mankato - 507-387-4061

### Salvation Army

700 S Riverfront

Mankato, MN 56001

507-345-7840

### Theresa House

Mankato, MN 56001

507-388-1664

**Support Groups** ~ Provides mutual support and education for persons dealing with common concerns. Contact your local churches and physicians for more information.

**Alzheimer's Support Group**  
1-800-272-3900  
[www.alzmnnd.org](http://www.alzmnnd.org) to find a group

**Emotions Anonymous**  
St. Anne's Parish Center  
503 N 4<sup>th</sup> Street  
Le Sueur, MN 56058  
507-665-3811

**Minnesota Aids Line**  
1-800-248-AIDS

**Mayo Clinic Health Systems**  
Grief Support  
Cancer Support  
Suicide Grief Support  
Depression

[www.mayoclinichealthsystem.org](http://www.mayoclinichealthsystem.org) for more information

Find desired location such as New Prague or Mankato. Click on classes and events to find available sessions

**Alcohol Related Support Group**  
[www.aaminnesota.org](http://www.aaminnesota.org) for area groups, dates and times

**Minnesota Stroke Association**  
763-553-0088

**Brian Injury Association**  
1-800-669-6442

**Also check local paper for events and groups.**

## **Telephone Assistance**

**Telephone Assistance Plan**  
For lower monthly phone costs  
1-800-657-3838

**Equipment Distribution Plan**  
For the hearing impaired  
1-800-657-3663



## Transportation

Provided in many areas by either private or non-profit agencies

**AMV Americare**  
350 Poplar Street  
Mankato, MN 56001  
507-625-6741

**Minnesota River Valley Transit**  
Le Sueur, MN 56058  
507-665-6211

**Dave's Provide a Ride**  
New Prague, MN 56071  
507-920-8923

**Aging Services for Communities**  
212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

**AMV - Espeland**  
Mankato, MN 56001  
1-800-963-7233

**Handicap Van Rentals - IMED**  
Roseville, MN  
651-635-0655

**Stier Transportation**  
Belle Plaine, MN  
952-873-2362

**Cummings Mobility**  
Burnsville, MN  
952-435-8889

## Veterans Services

For veterans, widows and orphans of veterans and active military personnel and their dependents.

**Le Sueur County Veterans Services**  
88 South Park Ave  
Le Center, MN 56057  
507-357-8279

## Volunteer Opportunities

Contact your local hospital, churches and schools for more volunteer opportunities

**Retired Senior Volunteer Program (RSVP)**  
Summit Center  
518 South 5<sup>th</sup> Street  
Mankato, MN 56001  
507-345-7787

**VINE Faith in Action**  
Mankato, MN 56001  
507-387-1666

**Aging Services**  
212 1<sup>st</sup> Street South  
Po Box 7  
Montgomery, MN 56069  
507-364-5663

### **Weatherization Program**

Provides eligible families with funds for insulation, caulking and other weatherization aides. Energy Assistance.

#### **Minnesota Valley Action Council (MVAC)**

125 E Minnesota Street

Le Center, MN 56057

507-357-4246

Mankato - 1-800-767-7139

### **How do I pay for services?**

When purchasing services, a combination of the following funding sources may be used.

### **Medicare**

A federal program to pay for specified health care expenses for persons 65 and older and for some younger disabled individuals. Must meet specific criteria of program.

#### **Apply for benefit**

#### **Social Security Office**

Mankato, MN 56001

507-345-4822 or 1-800-772-1213

### **Medical Assistance/Medicaid**

A federally funded program to assist low-income individuals to pay medical, in-home, hospital and nursing home costs. Individuals must meet income and asset limits to qualify.

#### **Le Sueur County Human Services**

88 South Park Ave

Le Center, MN 56057

507-357-8288

### **Private Insurance**

Health Insurance policies may cover home care services. Long-term care insurance may cover home care or long-term care costs. Check with your providers before services are initiated.

### **Private Pay**

Individuals purchase services with own funds. Check with provider if they have a sliding fee scale (ability to pay). Check with more than one provider and compare.

## **Supplemental Security Income (SSI)**

### **Social Security Administration**

Mankato, MN 56001

Local - 1-877-457-1734

National - 1-800-772-1213

## **Waivered Services**

Provide in-home or community services for older adults and disabled adults who are at risk of nursing home placement. Interested individuals must be screened by the County Waiver Services Team to determine eligibility and need for services.

### **Le Sueur County Public Health**

88 South Park Ave

Le Center, MN 56057

507-357-8246

## **Long Term Care Consultation Services**

This is an assessment that can be completed in your home to assist you and your family to decide how much service you need and what services are available. Can also be done if you or your family member is in the nursing home to assist in the discharge process. There is **NO** charge for this service.

### **Le Sueur County Public Health**

88 South Park Ave

Le Center, MN 56057

507-357-8246

## What helps me protect my rights?

In Minnesota your rights are protected by law. The following describe advocacy and legal means to assist you.

### Advanced Directives

Documents which permit an adult to convey health care instructions in the event the person subsequently loses the ability to make or communicate decisions.

#### Southern MN Regional Legal Services

12 Civic Center Plaza  
Mankato, MN 56001  
507-387-5588 or 1-800-247-2299

#### AARP

Advance Directive Information  
[www.aarp.org/research/legal/advancedirective](http://www.aarp.org/research/legal/advancedirective)  
601 E Street NW  
Washington, DC 20049  
1-888-OUR-AARP

#### U.S. Living Wills Registry

[www.uslivingwillregistry.com/individuals.shtm](http://www.uslivingwillregistry.com/individuals.shtm)

523 Westfield Ave  
Po Box 2789  
Westfield, NJ 07091-2789  
1-800-LIV-WILL

#### U of M Extension - Healthcare Directive Tool Kit

[www.extension.umn.edu/family/personal-finance/planning-for-health-care/mn-health-care-directive](http://www.extension.umn.edu/family/personal-finance/planning-for-health-care/mn-health-care-directive)

### Legal Services

Are available to resolve legal matters by providing legal information and advice, making referrals and representing the client in legal proceedings.

#### Southern MN Regional Legal Services

12 Civic Center Plaza  
Mankato, MN 56001  
507-387-5588 or 1-800-247-2299

**Ombudsman Services:** The office of Ombudsman for Older Minnesotans services acts as an impartial party between the consumer of a service and the provider of the service in order to resolve disputes

#### Office of Ombudsman for Older Minnesotans

800-657-3591

## **Vulnerable Adults**

Minnesota law protects adults who are vulnerable to maltreatment. If you are concerned about an older person, contact your local Human Services Department or law enforcement agency.

### **Le Sueur County Human Services**

88 South Park Ave  
Le Center, MN 56507  
507-357-8288

If it is after hours, listen to the message for instructions for redirecting your call.

# Le Sueur County

## PCA Agencies ~ \*also PCA Choice Provider

### **\*Abby's HomeCare**

849 Lyndale Street  
North Mankato, MN 56003  
507-382-2719  
Fax: 507-387-3891  
MA only

### **Affordable Angels**

1565 Cliff Rd, Ste 13  
Eagan MN 55122  
651-454-3000  
Fax: 651-454-0031  
MA only

### **\*Alliance Health Care**

600 S Riverfront Drive – Suite 100  
Madison East Center  
Mankato, MN 56001  
507-386-1666  
Fax: 507-386-1692  
Private pay and MA

### **\*Aspirience HomeCare**

7062 Cambridge Rd  
Shakopee, MN 55379  
952-412-5828  
Fax: 952-496-3543  
Email: [tom@aspirience.com](mailto:tom@aspirience.com)  
Private pay or MA

### **\*Accra Care, Inc**

1011 S 1<sup>st</sup> Street - #315  
Hopkins, MN 55343  
952-935-3515  
Fax: 952-935-7112  
Private pay and MA

### **\*Heart to Hands Home Care, LLC**

New Prague, MN 56071  
[www.heart2handshc.com](http://www.heart2handshc.com)  
952-212-4709  
Fax: 952-314-8484  
Private pay and MA

### **Home Instead**

1601 HWY 13 East  
Burnsville, MN 55337  
952-882-9300  
Fax: 952-288-9301  
Private Pay only

### **\*International Quality Home Care**

125 W Main Street  
New Prague, MN 56071  
952-758-4513  
Private pay and MA

### **\*International Quality Home Care**

406 Belgrade Ave  
North Mankato, MN 56003  
507-625-2389  
Fax: 507-625-2409  
Private pay and MA

### **My Brother's Keeper**

136 S Holmes Street  
Shakopee, MN 55379  
952-496-0157  
Fax: 952-746-5738  
MA only

### **Mybec Inc**

108 E Liberty Street  
Mankato, MN 56001  
507-387-5511

### **\*Southern Minnesota Home Care**

213 Parkway Ave  
Po Box 375  
Eagle Lake, MN 56024  
507-257-2252  
Fax: 507-257-2280

### **\*Superior Home Care**

10597 165<sup>th</sup> Street W  
Lakeville, MN 55044  
952-898-4911  
MA only

### **Wild Rose PCA**

1021 N Riverfront  
Mankato, MN 56001  
507-625-8938  
Fax: 507-625-9038  
Private pay or MA

## PCA Choice Providers

### **Lifeworks**

2965 Lone Oak Drive – Ste  
160  
Eagan, MN 55121  
651-454-2732  
Fax: 651-454-3174  
MA only

### **MRCI**

15 Map Drive  
PO Box 328  
Mankato, MN 56001  
507-386-5679  
Fax: 888-800-7336  
MA, waiver, private

### **SMILES**

709 S Front Street – Ste 7  
Mankato, MN 56001  
507-345-7139  
Fax: 507-345-8429  
MA and waiver